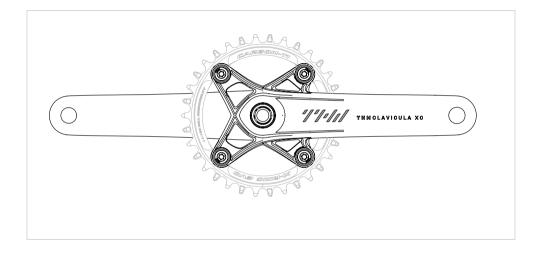
## **INSTRUCTION BOOK**



# THMCLAVICULA XC



thm.bike





A Don't forget that your THM component is a lightweight carbon design.

Be aware of this when carrying out assembly and maintenance work and when handling the component. Proceed with utmost care!

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CONTENT 3
INTRODUCTION
SAFETY5Intended use5Fundamental safety precautions5Assembly & Maintenance6On the road7Transport & Storage7
SPECIFICATIONS8Scope of delivery8Dimensions9THM Bottom Bracket10Permitted Use12Tightening Torques12
ASSEMBLY13General Information13Preparing the Frame13Bottom bracket assembly14Installation of the chainrings18Mounting the crankset19Adjusting the bottom bracket21Installing the pedals22Finishing touches23
DISASSEMBLY
MAINTENANCE28Important maintenance information28Disposal29Before every journey29Checking bottom bracket clearance30Regular maintenance31Liability for defects33Fair deal promise33Crash Replacement33

### THM CLAVICULA XC

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### Preface

This manual is an integral part of your THM component, and it provides you with information regarding the safe operation of your THM-Clavicula crank system.

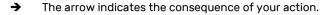
Read this manual carefully prior to assembling your THM component. Always read and obey all of the assembly and maintenance instructions in this manual, as well as those provided by the manufacturers whose products are used on your bicycle (e.g. chainrings, pedals, etc.).



### WARNING

Non-observance of the information contained in this manual could result in an accident and death or serious injury.

You will encounter the following symbols and references in this manual:





This safety message indicates a hazardous situation which, if not avoided, could result in death or serious injury.

### NOTICE

This message warns of a risk of material damage.



This refers to additional information or tips.

Retain this manual for other users of your THM components. Make sure that all users read, understand and follow this manual. If you ever sell or give away your THM components, this manual should be transferred to the new owner.

We hope you get a lot of joy from your THM components!

Your THM-Carbones Team





#### **Intended** use



### WARNING

Any use differing from that intended could cause an accident and result in death or serious injury.

THM-Clavicula crank systems have been exclusively designed

- for installation on standard racing cycles, time trial and gravel.
- for the permitted area of application see Area of application, page 12

### **Fundamental safety precautions**

The following warnings for the THM-Clavicula component apply to all Clavicula models (Clavicula SE, Clavicula XC etc.), unless otherwise specified.

**For the time being** we limit the service life of your THM-Clavicula crank system to 100,000 km or 10 years. It is mandatory for you to contact us before continuing to use your THM-Clavicula crank system after one of these limits has expired!

Always remember that riding a bicycle involves potential danger for the rider and other road users, as well as for the bicycle and its components. Even if protective equipment and safety devices are used, accidents resulting in death or serious injury can still occur.

# You should therefore use your common sense and avoid any unreasonable behavior!

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### WARNING

Risk of accident caused by assembly and maintenance work which has not been conducted in a professional manner.

- Do not overestimate your technical ability. All assembly and maintenance work should be performed by a specialist workshop for bicycles. This is the only way to ensure the work is conducted in a professional manner.
- Always stick to all the specified tightening torques for the screw connections.
- Only use suitable, undamaged, high-quality tools.
- Only ever use original THM components which are available from your specialist dealer or directly from THM.
- Never modify your THM components on your own.
- Check your crank system (incl. crankarms, bottom bracket, chainrings) to make sure it is undamaged and working properly before every ride. Send your THM-Clavicula component in for review before further use if damage is visible (cracks, fractures, deformations, etc.) or if you are in any doubt about its functionality.
- Check your THM components before each ride to ensure the surfaces are completely undamaged. Send your THM components in for inspection before further use if damage is visible (deep scratches in the paintwork which extend into the carbon structure, large abrasions, etc.), if you are in any doubt about their functionality or if the Clavicula lettering is abraded at one or more points (wear indicator).
- Always ensure your bicycle is well maintained and in a flawless condition. Care and maintenance will prolong the service life of your bicycle and its components and improve your personal safety.

SAFFTY





### On the road

### WARNING

Danger of accidents due to improper behavior or improper equipment during riding.

- Always ride with foresight, attention and a readiness to brake.
- Adjust your speed to the prevailing conditions (traffic, weather, visibility, etc.).
- Do not use your THM components at ambient temperatures below -10°C (14°F).
- Do not exceed the maximum overall weight for which your THM components have been approved see Dimensions, page 9.
- Always comply with the traffic regulations that are in force in the country where you are using your bicycle.
- When riding your bicycle, you should always wear a high-quality cycling helmet (e.g. ANSI certified) that is in excellent condition. Your clothing should be close-fitting but not restrictive.
- Only ride your bicycle if you are in good physical condition and your bicycle and all its components are operating in a flawless manner.
- If you are involved in a heavy fall, you should not continue to ride your bicycle. If such a case occurs, send us your THM components for inspection, even if no external damage is visible! In your own interest you should treat all the components on your bicycle which have been produced by other manufacturers in the same manner.

### **Transport & Storage**

### WARNING

Risk of accident caused by damaged bicycle components.

- Always transport your bicycle in an appropriate and careful manner.
- Do not store your THM components at an ambient temperature below -15°C (5°F) or above 55°C (131°F).

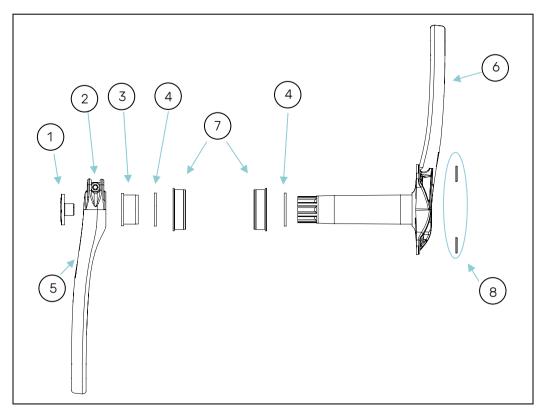
Risk of accident.

- Do not allow children to play with your bicycle.

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### SPECIFICATIONS

### Scope of delivery

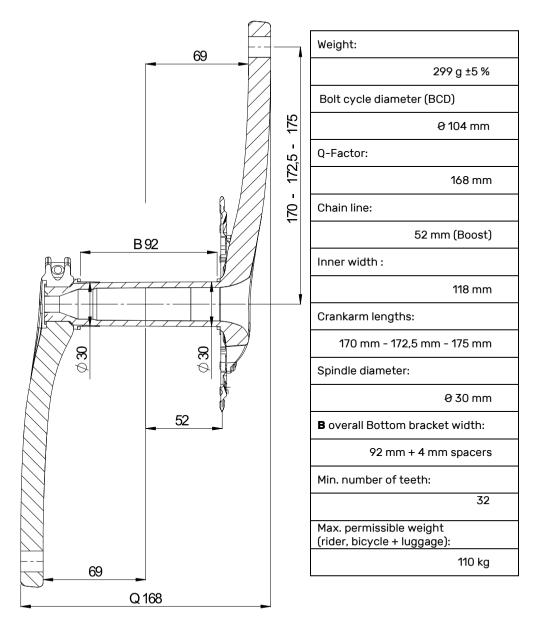


1	Adjustment screw	5	Left crankarm (NDS)
2	Clamping (screw + bolts)	6	Right crankarm (DS)
3	Cone sleeve	7	Bottom bracket (optional) see page 10
4	Spacer	8	4 x Chainring washer



### SPECIFICATIONS

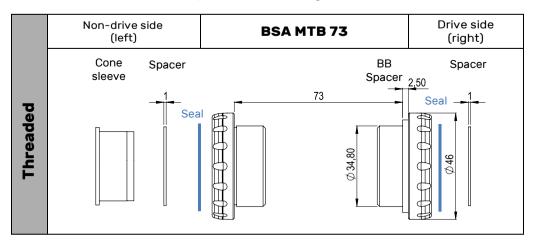
### Dimensions

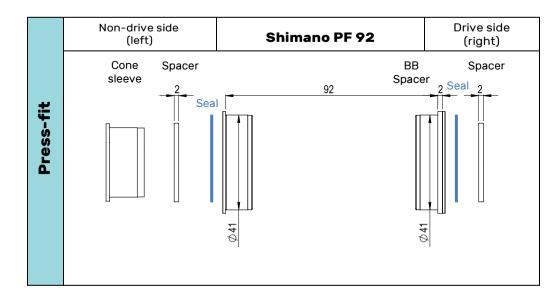


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### **THM Bottom Bracket**

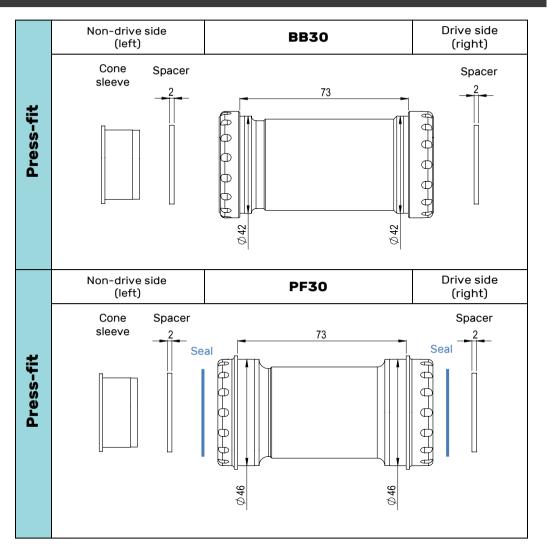
All Spacer configurations are **only** valid for THM Bearings. The Spacers ensure that the tapered cone sleeve has exactly the required position on the spindle. Therefore, we strongly recommend using THM Bearings. (See also "Mounting the crankset" p. 19) There are stainless steel and hybrid ceramic bearings available.







### SPECIFICATIONS





### **Permitted Use**



### WARNING

Risk of accident caused by a malfunctioning crank system due to overload.

- Only ever use your Clavicula component within its permitted area of application.

Clavicula XC	X1-X3

SPECIFICATIONS

X1 Racing cycle and light cross-country terrain

- X2 Touring, road
- X3 medium/heavy terrain
- X4 Free ride, heavy terrain
- X5 Downhill, extreme terrain

### **Tightening Torques**



### WARNING

Risk of accident caused by a malfunctioning crank system due to loosened screw connections.

- Check the required tightening torque of all screw connections after the first 100 km

- Retighten the connections if necessary. Repeat this check every 2500km!

	Nm	lbf •in	
Adjustment screw	10	89	with thread lock
Crank clamping bolt	15	133	with the edu lock
Bearing cups	40	354	
Chainring bolts, aluminum	6	53	greased
Pedal threads	20	177	

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#### **General Information**



### WARNING

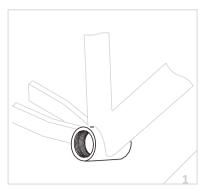
If not properly executed, assembly and maintenance work could cause accidents resulting in serious or fatal injury.

- Do not overestimate your technical ability. All assembly and maintenance work should be performed by a specialist workshop for bicycles. This is the only way to ensure the work is conducted in a professional manner.

#### **Preparing the Frame**

### i info

It is mandatory for you to read and follow the safety and assembly instructions provided by the manufacturer of your frame.



- Secure your bicycle in an appropriate assembly stand.
- If necessary, remove the crankset and the old bottom bracket.
- If necessary, use cleaning solvent or other similar agents to clean the bottom bracket housing of your frame.
- Make sure that the outer faces of the bottom bracket housing are plane, parallel, milled to the correct dimension and free of burrs – page 10. If necessary, rework the bottom bracket housing

using an appropriate milling tool (Cyclus, ParkTool® or another similar tool).

Make sure that the threads of the bottom bracket housing are clean, free from paint residues and adequately tapped into the housing.

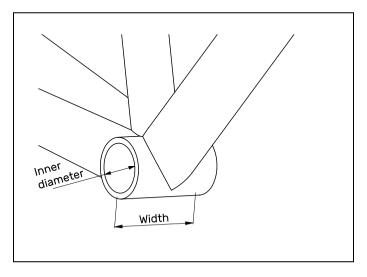
If necessary, rework the threads with an appropriate cutting tool (Cyclus, ParkTool® or another similar tool).

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### ASSEMBLY

### **Bottom bracket assembly**

To find the required bottom bracket, please measure the inner diameter and the width of the bottom bracket housing of your bicycle frame.



Also check if you need threaded or press-fit bearing shells. The following table will show you which THM bottom bracket you need:

	Inner Diameter	Width	Bottom bracket
Threaded	33,8 mm	73 mm	BSA
	46 mm	73 mm	PF 30
Press-fit	42 mm	73 mm	BB 30
	41 mm	92	Shimano PF92

Make sure that the securing bolt of the derailleur cable guide does not protrude into the bottom bracket area of your frame by more than 1 mm.

Apply grease to the threads and contact surfaces of the bearing cups.



ASSEMBLY

BSA

### 1

INFO

The non-drive (left) side bearing cup is marked with a groove.

BSA BSA CO BSA BSA CO BSA BSA CO CO	<ul> <li>Screw the right - hand bearing cup(R) (initially by hand) anticlockwise into the drive side of the bottom bracket housing.</li> <li>Screw the left-hand bearing cup(L) (initially by hand) clockwise into the non-drive side of the bottom bracket housing.</li> </ul>
1 40 N·m( 354 lbf·in)	<ul> <li>Use the THM Bottom bracket tool ½ "(1) to tighten both cups to a torque of 40 Nm (354 lbf*in), using a torque wrench.</li> <li>Place the sealing</li> </ul>

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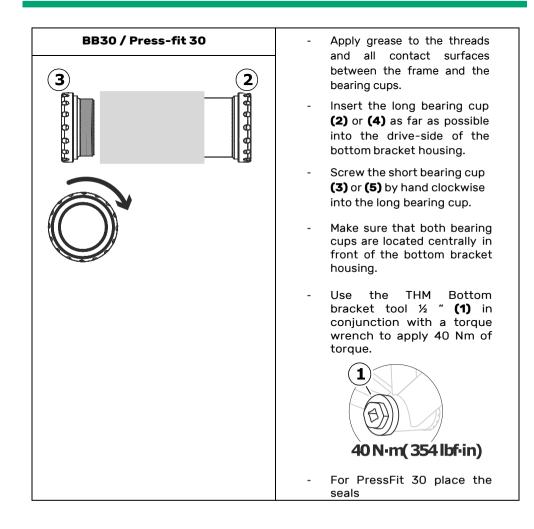


### BB30 / PressFit 30

### 6

INFO

For BB30, PressFit 30 bottom brackets: The long bearing cup with internal thread is always located on the drive side. The short bearing cup with external thread is always located on the non-drive side.





### Shimano® Press-fit

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**ASSEMBLY** 

### Installation of the chainrings

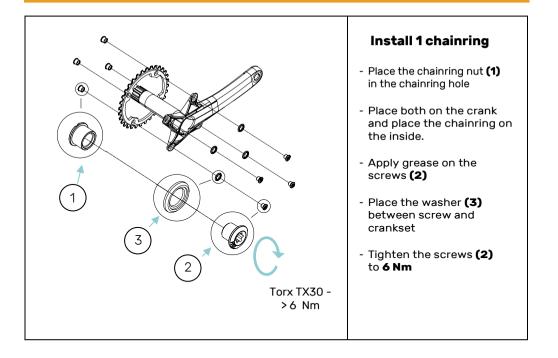
The Clavicula XC is designed for a single chainring setup. The spider has 4 holes in a 104 mm diameter. To carry the load of the screws and to protect the carbon surface we strongly recommend placing some special washers between the crankset and the screw (see below)



#### WARNING

Danger of damage to the chainring mount.

- The number of chainwheel teeth must never be less than the minimum number required see page 10.
- Always observe the tightening torques specified by the manufacturer of the chain ring bolts; however, do not exceed a max. tightening torque of 6 N·m (53 lbf·in) under any circumstances.



**ASSEMBLY** 

#### Mounting the crankset

Before mounting the crankset, please check if the bottom bracket is correctly installed and runs smoothly. For BSA MTB 73, Shimano PF 92 and PF30, please check if the sealing is mounted. This description is only valid if you use THM bottom bracket which are designed for the THM cranksets.



#### WARNING

If you use non THM bearings, please check if the width (see Specifications) of the bearings allows for the cone sleeve to be installed in the correct position as described in this chapter.

	<ul> <li>Locate the spacer (4) required for your bottom brackt on the cone sleeve (3). (See p. 10 ff).</li> <li>Press the cone sleeve in the bearing on the non-drive side (left).</li> </ul>
Contraction (Contraction (Contr	<ul> <li>Place the spacer (6) required for your bottom brackt onto the axle. (See p. 10 ff).</li> <li>Lightly grease the bearing seat of the axle.</li> <li>Insert the axle of the right crank through the bottom bracket up to its stop.</li> </ul>
	<ul> <li>Thoroughly degrease the axle and crank multi-tooth segment.</li> <li>Make sure that the clamping screw (2) is loosened or removed.</li> <li>Fit the left crank arm to the multi-tooth segment of the axle.</li> <li>Press the cranks together by hand as far as possible. Both cranks abut against the spacer rings.</li> </ul>

### THM CLAVICULA XC

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### ASSEMBLY

<ul> <li>Screw the adjusting screw (1) into the axle – use the THM adjustment tool, or a 6 mm Allen key for this. tighten = screw counterclockwise! loosen = screw clockwise!</li> <li>Tighten the adjusting screw until the collar on the cone sleeve is flush against the bearing or spacer ring. The tightening torque required for this is typically 5–10 Nm (44–106lbf•in) – depending on the actual width of the bottom bracket housing.</li> </ul>
<ul> <li>Check the clearance between the cranks, chainrings and the chain stays of the frame.</li> <li>Minimum clearance: 3mm.</li> <li>Remove the adjusting screw (1).</li> <li>Pull the crank arm a little off the axle (3-5 mm).</li> </ul>
<ul> <li>Check if the cone sleeve (black) is flush with the end of the multi segment area (green marked line) or up to 1.5 mm more towards the chainring side of the crankset.</li> <li>If the cone sleeve is not in the position described above this can lead to premature wear.</li> </ul>

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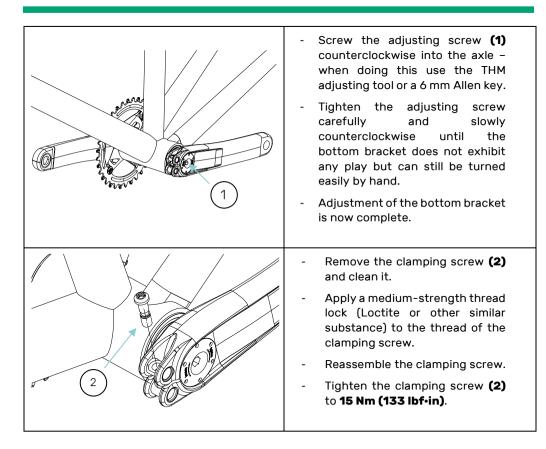
ASSEMBLY

#### Adjusting the bottom bracket

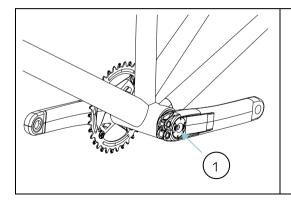
### A

INFO

Excessive bearing wear can occur if the bottom bracket preload is too high. Only adjust the bottom bracket if the clamping screw has been loosened! Usually, the required tightening torque of the adjusting screw for a correctly adjusted bottom bracket is approximately 0.3–1N·m (3–9lbf•in).







- Tighten the adjusting screw (1) counterclockwise to 10 Nm (89lbf•in) to prevent losing it.
- The installation of your Clavicula component is now complete.

### WARNING

Risk of accident caused by a malfunctioning crank system due to loosened screw connections.

- Allow the thread lock to harden in line with the manufacturer's specifications before using your Clavicula component.

### Installing the pedals

### INFO

Pedals are manufactured with Right-hand thread for Right-hand pedals (drive side) and Left-hand thread for Left-hand pedals (non-drive side).

It is essential to not confuse the RH and LH pedal!

- Follow the instructions of the pedal manufacturer.
- We highly recommend applying grease on the pedal threads.



### WARNING

Risk of damage to the carbon structure around the pedal threads.

Do not exceed the maximum tightening torque for the pedals specified by THM:

### Max. 20 Nm (177 lbf•in)!

THM CLAVICULA XC



### **Finishing touches**

- Check the position and adjustment of the front derailleur as well as the chain line.
- Readjust the front derailleur if necessary.



### WARNING

Risk of accident caused by a malfunctioning crank system due to loosened screw connections.

- Checktherequired tightening torque of all screw connections after the first 100 km
- Retighten the connections if necessary. Repeat this check every 2500km! Apply fresh thread lock if necessary.

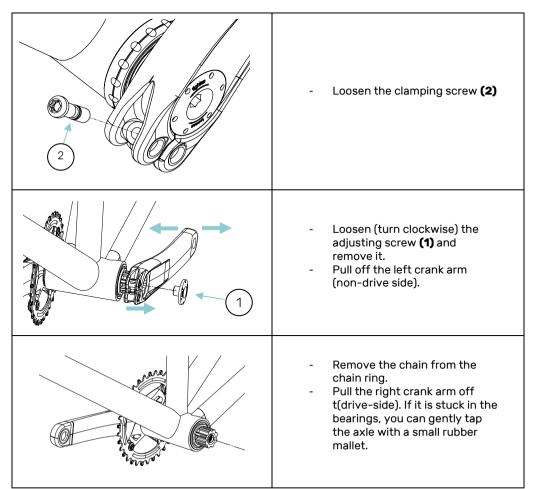
Risk of accident caused by a malfunctioning crank arm due to wear.

- Do not continue to use your Clavicula component if the Clavicula lettering is abraded at one or more points (wear indicator).

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### i info

Please note that if you use overshoes, or if there is an extremely small clearance between the brake shoe and crank, it will cause the crank surface to wear. This level of wear is increased significantly if the bike is used frequently in wet and dirty conditions! You can prevent this wear by sticking an appropriate protective film (Lizard Skins or other similar film) over the areas that are susceptible to wear. Check these areas for wear at regular intervals!



Crankset

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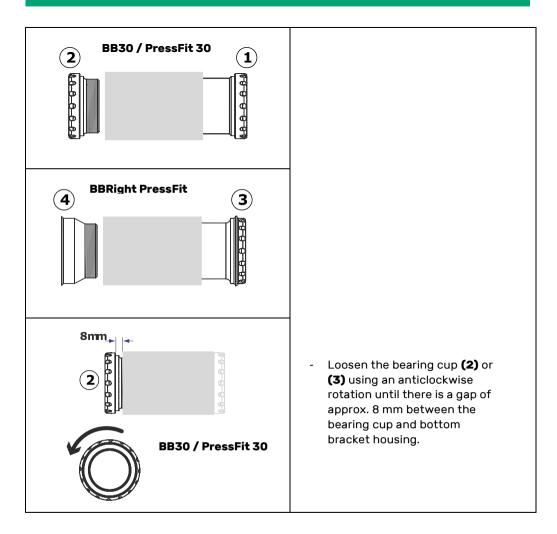
### **Bottom bracket**

### BB30 / PressFit 30

### INFO

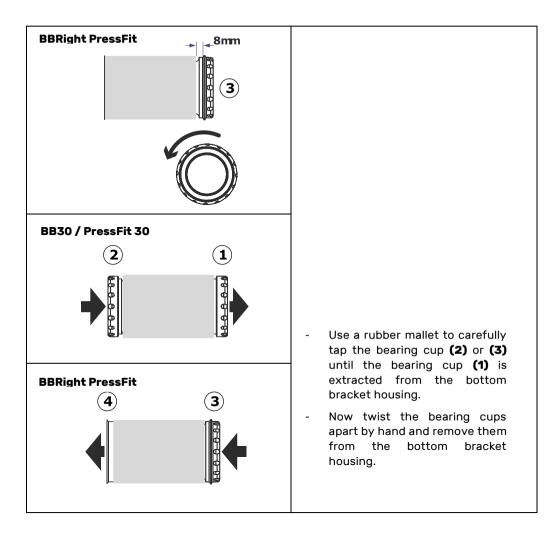
A

When dealing with BB30, PressFit 30 and BBrightTM PressFit bottom brackets the bearing cup with internal thread (1) or (3) is always located on the drive side (right), while the bearing cup with external thread (2) or (4) is always located on the non-drive side (left).



### THM CLAVICULA XC







### Press Fit / EV0386/BBrightTM Direct Fit

### INFO

Remove the Press-fit / EV0386 / BBrightTM Direct Fit bottom bracket by using a suitable extraction tool (e.g. Birzman BM16-HUCR, VAR DR-37400).

### 0

INFO

Please contact us **before** returning a defective THM product!

If products are returned without our previous agreement, the shipping costs incurred will be charged to your account and, furthermore, we also reserve the right to refuse acceptance of the product.

When returning a defective THM product to us please ensure adequate postage costs are provided. Any shipment which is not prepaid will be rejected and returned to the sender!



### Important maintenance information



### WARNING

If not properly performed, assembly and maintenance work could cause accidents resulting in death or serious injury.

- Do not overestimate your technical ability. All assembly and maintenance work should be performed by a specialist workshop for bicycles. This is the only way to ensure the work is conducted in a professional manner.

Improperly performed assembly and maintenance work can also result in a loss of your warranty rights (liability for defects)!



### WARNING

Risk of accident caused by damaged components.

- Never attempt to disassemble your THM-Clavicula component only THM employees are authorized to do this.
- Always read and observe all of the assembly and maintenance instructions in this manual, as well as those provided in the manuals of other manufacturers whose products are used on your bicycle (e.g. frame, chainwheels, pedals, etc.).
- Always observe the minimum and maximum values specified in this manual regarding torque settings and max. rider and equipment weight.
- Only use suitable, undamaged, high-quality tools.
- When conducting assembly procedures that require a specific tightening torque, always use an appropriate torque wrench that is designed for the tightening torque specified.



### NOTICE

- Never use a high-pressure cleaner or steam cleaner to clean your bicycle, as the seals of your bicycle components are not able to withstand the pressure. If such cleaners are used, it would result in corrosion and material damage.
- Never use caustic solvents (such as paint thinners, acetone, nitro compounds, etc.) as they can attack the surface of your THM components.
- Only use commercially available paint care products and water to clean your THM components. Spirit or petrol should be used carefully when using such products. Avoid excessive wiping and prolonged exposure times.

Always ensure your bicycle is maintained in a flawless condition. Care and maintenance will prolong the service life of your bicycle and its components and improve your personal safety!

If you suspect that your bicycle is defective or is not functioning properly, stop using it and contact a specialist bicycle workshop immediately!

### Disposal

If THM components are defective or no longer in use, you can dispose of them with your non-recyclable waste or domestic refuse, or ask a local waste disposal company for other disposal methods (e.g. recycling).

### **Before every journey**

### WARNING

Risk of accident caused by material damage or improper assembly.

- Check your THM components before each journey to ensure the bonded joints are completely undamaged. Send us your THM components for inspection before further use if damage is visible (cracks, fractures, clicking sounds, wobbling, etc.) or if you are in any doubt about their functionality.
- Check your THM components before each journey to ensure the surfaces are completely undamaged. Send us your THM components for inspection before further use if damage is visible (deep scratches in the paintwork which extend into the carbon structure, large abrasions, etc.), if you are in any doubt about their functionality or if the Clavicula lettering is abraded at one or more points (wear indicator).
- Do not exceed the maximum overall weight for which your THM components have been approved see Dimensions, page 9.



### Checking bottom bracket clearance

### NOTICE

Risk of damage to the bearings.

- Never try to remove the bearing seals from the bottom bracket.
- Your THM bottom bracket is elaborately sealed and provided with permanent lubrication. There is no need to re-lubricate the bearings!
- Grasp both cranks of your bicycle.
- Try to move the cranks to the left and right.
- If you feel bearing play, it means that the bottom bracket is loose and needs to be adjusted immediately
- see Adjusting the bottom bracket, page 21.
- Now shift the chain onto the smallest chainwheel.
- Remove the chain from the chainwheel and place it onto the bottom bracket housing.
- The bottom bracket can now be rotated freely.
- Use two fingers to grasp one of the cranks directly by the bottom bracket axle and rotate the axle in its bearing.
- If the bottom bracket axle rotates with perceptible resistance, it means that the bottom bracket is too tight and must be adjusted immediately – see Adjusting the bottombracket, page 21.

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### **Regular maintenance**

The maintenance intervals required for your bicycle depend on how often and in which weather conditions it is used.

The following maintenance measures should be conducted more frequently if the bicycle is used in extreme conditions (rain, dirt, long distances, etc.).

When conducting regular maintenance procedures make sure your bicycle is always clean and well protected by lubricants and cleaning agents. Ask your specialist dealer about appropriate lubricants and cleaning agents as well as information relating to their correct application.

### WARNING

Risk of accident caused by a malfunctioning crank system due to loosened screw connections.

- Check the required tightening torque of all screw connections after the first 100 km re-tighten the connections if necessary. Repeat this check every 2500km! Apply fresh thread lock if necessary.

Risk of accident caused by a malfunctioning crank due to wear.

- Do not continue to use your Clavicula component if the Clavicula lettering is abraded at one or more points(wear indicator).

Risk of accident caused by malfunctioning brakes.

- After conducting any cleaning, maintenance or repair work make sure that the rims of your wheelset are clean and free from lubricants (such as grease, oil, silicon, Teflon, wax or other similar agents).



### NOTICE



- Never use a high-pressure cleaner or steam cleaner to clean your bicycle, as the seals of your bicycle components are unable to withstand the pressure. This will result in corrosion and material damage.
- If you are using a hose, handle it with care never aim the hose directly at the bearing components (fig. 1).
- Clean your THM-components in regular intervals by using water and a nonabrasive, environmentally friendly cleaning agent.
- When cleaning your THM components always check for signs of damage (dents, cracks, scratches, large abrasions, worn areas, etc.).
- Periodically preserve the surface of your THM components using a high-quality protective wax or other similar agent.



### Liability for defects

We provide a warranty for all THM products which covers material and processing defects.

We will replace defective products at no cost to the user within this period.

The liability period starts at the time the relevant THM product was purchased. Liability does not extend to any kind of damage caused by normal wear and tear, accidents, unauthorized modifications, negligence or improper handling and use.

Liability shall expire if repair work or any other work on the THM product has been conducted by unauthorized persons.

The same shall also apply to any direct or indirect damage resulting from an action described in the preceding sentence.

### **Fair deal promise**

Minor damage to your THM products will be repaired by our workshop free of charge even after expiration of the legal liability period, provided that the work required does not exceed 0.5 hrs.

The decision regarding whether a repair is to be carried out free of charge rests solely with us. If the damage has been self-inflicted, there is no entitlement to free repair work!

In the event of self-inflicted damage please send us the product concerned for inspection. After we have assessed the overhead for the required repair, we will either perform the repair free of charge, or we will send you a cost estimated. It is then up to you to decide whether to go ahead with the repair work.

### **Crash Replacement**

In the event of irreparable damage (e.g. caused by accident) we will provide a 40% discount from the respective list price if you purchase a new THM product as a replacement.

The relevant claim must be forwarded directly to THM Faserverbund-Technologie

GmbH. The irreparable product shall then remain our property.



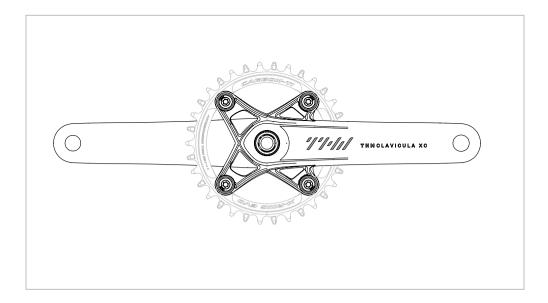
The company THM Faserverbund-Technologie GmbH is constantly striving to improve product designs as technical developments continue. We therefore reserve the right to make alterations which must not correspond to the text and illustration contained in this manual, and without incurring obligation to alter any products previously delivered.

Technical specifications, dimensions and weights are to be understood with the corresponding allowances.

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THM CARBONES



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